

Socially Distanced Team Building Activities

The Perfect Square

Time: 15 - 30 minutes

Number of Participants: 5 - 20 people

Tools Needed: Long piece of rope tied together and a blindfold for each person

Rules: Have your coworkers stand in a circle holding a piece of the rope. Then instruct everyone to put on their blindfold and set the rope on the floor. Have everyone take walk a short distance away from the circle. Next, ask everyone to come back and try to form a square with the rope without removing their blindfolds. Set a time limit to make it more competitive. To make it even more difficult, instruct some team members to stay silent.

Objective: Focuses on strong communication and leadership skills. By instructing some team members to be silent, this game also requires an element of trust across the team, allowing team members to guide each other in the right direction.

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7. The Mine Field

Time: 15 - 30 minutes

Number of Participants: 4 - 10 people (even numbers)

Tools Needed: Various handheld objects, several blindfolds

Rules: Find an open space such as an empty parking lot or a park. Place the

objects (cones, balls, bottles, etc.) sporadically across the open space. Have everyone pair up, and make one person on from each pair put on the blindfold. The other person must lead their teammate from one side of the open space to the other without stepping on the objects — using only the verbal instructions. The blindfolded person cannot speak at all. To make it more difficult, create specific routes the blindfolded team members must walk.

Objective: This game focuses on trust, communication, and effective listening. This [activity](#) makes a great team building beach game as well.

Annnndddd, the good old-fashioned:

4. Scavenger Hunt

Time: > 1 hour

Number of Participants: Two or more small groups

Tools Needed: Pen and Paper

Rules: Break the group into teams of two or more. Make a list of goofy tasks for each team to do as a group. Tasks can include taking a selfie with a stranger, taking a picture of a building or object around the office, etc. Give the list to each team, along with a deadline by which they must complete all tasks. Whoever completes the most tasks the quickest, wins! (You can even create your own point system according to [task](#) difficulty if you want!)

Objective: Great team bonding exercise that helps break up office cliques by encouraging people to work with colleagues from other teams, departments, or just social circles.

**Fun Fact:* At Wrike, we hosted our own scavenger hunt using our tool to track the tasks. Check out how we [used Wrike for fun!](#)